

AQRC Spring/Early Summer 2020 Session Program Details



1. Learn-To-Swim Program

Spring/Early Summer 2020 Session					Next Summer 2020 Session						
Location	Address	Days	Class Times	Spring/Early Summer 2020 Session		Location	Address	Days	Class Times	Summer 2020 Session	
Bergen Community College	400 Paramus Rd, Paramus, NJ 07652	Tue	6 PM & 7 PM	3/17 ~ 5/26 (10 weeks)	3/31 Off	Bergen Community College	400 Paramus Rd, Paramus, NJ 07652	Tue	6 PM & 7 PM	6/2 ~ 8/11 (11 weeks)	
		Tue	8 PM (Youth)	2/4 ~ 5/26 (15 weeks)	2/11 & 3/31 Off			Tue	8 PM (Youth)	N/A	Resume Sep 2020
		Tue	8 PM (Adults)	2/4 ~ 5/26 (15 weeks)	2/11 & 3/31 Off			Tue	8 PM (Adults)	6/2 ~ 8/11 (11 weeks)	
		Thur	6 PM & 6:40 PM	3/19 ~ 5/28 (10 weeks)	5/14 Off, * 50 mins class			Thur	6 PM & 7 PM	6/4 ~ 8/13 (11 weeks)	* 1 hour class
		Sat	12 PM & 1 PM	1/25 ~ 5/9 (16 weeks)				Thur	8 PM (Adults)	6/4 ~ 8/13 (11 weeks)	Level 6 & Team Prep Only
Ramapo College of NJ	505 Ramapo Valley Rd, Mahwah, NJ 07430	Sat	4:30 PM	3/21 ~ 6/13 (10 weeks)	4/4, 4/11 & 5/23 Off	Ramapo College of NJ	505 Ramapo Valley Rd, Mahwah, NJ 07430	Sat	4:30 PM	N/A	Resume Sep 2020
		Sun	4:30 PM	3/29 ~ 6/14 (9 weeks)	4/12, 4/26 & 5/24 Off			Sun	4:30 PM	N/A	Resume Sep 2020
HNA Conference Center	334 Rte 9W, Palisades, NY 10964	Mon	4 PM & 5 PM	4/13 ~ 6/15 (9 weeks)	5/25 Off	HNA Conference Center	334 Rte 9W, Palisades, NY 10964	Mon	4 PM & 5 PM	6/22 ~ 8/17 (9 weeks)	
		Wed	4 PM & 5 PM	4/15 ~ 6/17 (10 weeks)				Wed	4 PM & 5 PM	6/24 ~ 8/19 (9 weeks)	
		Fri	4 PM & 5 PM	4/17 ~ 6/19 (10 weeks)				Fri	4 PM & 5 PM	6/26 ~ 8/21 (9 weeks)	
		Sat	10 AM	4/4 ~ 6/13 (9 weeks)	4/11 & 5/23 Off			Sat	10 AM, 11 AM & 2 PM, 3 PM	6/20 ~ 8/22 (9 weeks)	7/4 Off
		Sun	10 AM, 11 AM & 2 PM	4/5 ~ 6/14 (9 weeks)	4/12 & 5/24 Off			Sun	10 AM, 11 AM & 2 PM, 3 PM	6/21 ~ 8/23 (9 weeks)	7/5 Off

* Membership Required: All members must have either One Session Membership(\$30) per swimmer or [Annual Membership\(\\$120\) per family](#)

2. Team Prep Program

Spring/Early Summer 2020 Session					Next Summer 2020 Session						
Location	Address	Days	Class Times	Spring/Early Summer 2020 Session		Location	Address	Days	Class Times	Summer 2020 Session	
Bergen Community College	400 Paramus Rd, Paramus, NJ 07652	Tue	8:00 ~ 9:00 PM	N/A	Starting at Summer	Bergen Community College	400 Paramus Rd, Paramus, NJ 07652	Tue	8:00 ~ 9:30 PM	6/2 ~ 8/11 (11 weeks)	* 90 mins class
		Thur	8:00 ~ 9:00 PM	N/A	Starting at Summer			Thur	8:00 ~ 9:30 PM	6/4 ~ 8/13 (11 weeks)	* 90 mins class
		Tue & Thur	8:00 ~ 9:00 PM	N/A	Starting at Summer			Tue & Thur	8:00 ~ 9:30 PM	6/2 ~ 8/13 (11 weeks)	* 90 mins class
Ramapo College of NJ	505 Ramapo Valley Rd, Mahwah, NJ 07430	Sat	5:30 ~ 7:30 PM	3/21 ~ 6/13 (10 weeks)	4/4, 4/11 & 5/23 Off	Ramapo College of NJ	505 Ramapo Valley Rd, Mahwah, NJ 07430	Sat	5:30 ~ 7:30 pm	N/A	Resume Sep 2020
		Sun	5:30 ~ 7:30 PM	3/29 ~ 6/14 (9 weeks)	4/12, 4/26 & 5/24 Off			Sun	5:30 ~ 7:30 pm	N/A	Resume Sep 2020
		Both Sat & Sun	5:30 ~ 7:30 PM	3/21 ~ 6/14	4/4, 4/11, 4/12, 4/26, 5/23, 5/24 Off			Both Sat & Sun	5:30 ~ 7:30 pm	N/A	Resume Sep 2020
HNA Conference Center	334 Rte 9W, Palisades, NY 10964	Mon	7:00 ~ 9:00 PM	4/13 ~ 6/15 (9 weeks)	5/25 Off	HNA Conference Center	334 Rte 9W, Palisades, NY 10964	Mon	6:30 ~ 8:30 PM	6/22 ~ 8/17 (9 weeks)	5/25 Off
		Wed	7:30 ~ 9:30 PM	4/15 ~ 6/17 (10 weeks)				Wed	6:30 ~ 8:30 PM	6/24 ~ 8/19 (9 weeks)	
		Fri	6:30 ~ 8:30 PM	4/17 ~ 6/19 (10 weeks)				Fri	6:30 ~ 8:30 PM	6/26 ~ 8/21 (9 weeks)	
		Any 2 days Per week		4/13 ~ 6/19 (10 weeks)	5/25 Off			Any 2 days Per week	6:30 ~ 8:30 PM	4/13 ~ 6/19 (10 weeks)	5/25 Off
		3 days Per week		4/13 ~ 6/19 (10 weeks)	5/25 Off			3 days Per week	6:30 ~ 8:30 PM	4/13 ~ 6/19 (10 weeks)	5/25 Off

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